

# IMPLEMENTING STRENGTHS: STRENGTHSQUEST FOLLOW-UP

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## Refresher

### What Are Strengths?

Talent + Knowledge + Skills = Strength

- Talent is:
- Knowledge is:
- Skills are:

### Knowing Your Strengths

- Generates Optimism
- Provides a Sense of Direction
- Generates Confidence

### How Can Strengths Benefit Your Employees/Office?

- Shared Experience
- Inherit value for themselves
- How they can contribute to the office

### Activity Ideas

- Strengths at Work
- Jeopardy
- Situational Examples

### Uses

- Performance Goals
- Performance Appraisals
- Team assignments/building
- Common Language