

# Strengths at Work

Find a person with each of the themes listed and gather examples:

Team Member	Theme	Examples
	Achiever	How many to-do lists do you have?
	Activator	What do you do when you have an idea?
	Adaptability	What is the most recent last minute request you responded to?
	Analytical	How did you arrive at that decision? Reasons?
	Arranger	How would you have arranged this activity?
	Belief	What is your focus or purpose?
	Command	Give an example of a time you took charge of a situation.
	Communication	Tell me about how you got to this time and place (but keep it short!)
	Competition	Who can finish this worksheet first?
	Connectedness	Give an example of something happening for a reason.
	Consistency	Share a recent example of enforcing a rule fairly.
	Context	Tell me about the last documentary you watched?
	Deliberative	What's the last example of you avoiding a "disaster in the making?"
	Developer	Give an example of when you saw potential in someone and helped foster that.
	Discipline	What have you organized lately?
	Empathy	What do you do if you see someone crying? Laughing?

	Focus	What's it like to get your attention away from the TV, a newspaper or a good book?
	Futuristic	What do you see as the greatest challenge we will face in five years?
	Harmony	Why can't we just all agree?
	Ideation	How would you make this activity better?
	Includer	When is the last time you talked to the person that no one was talking to?
	Individualization	Describe a unique gift that you have given someone.
	Input	Do you still have your files from 2000?
	Intellection	Where's your "thinking spot?"
	Learner	What's the last project you started but didn't finish because another project came up?
	Maximizer	Describe something that you want to make bigger and better!
	Positivity	How do you describe half a can of Coke?
	Relator	Do you have just a few close friends that know everything about you?
	Responsibility	How do you feel if you can't accomplish something you said you would do?
	Restorative	What was the last thing you fixed?
	Self-Assurance	When is the last time you said "because I said so?"
	Significance	What is the best recognition you've received recently?
	Strategic	What's been your strategy to complete this activity?
	Woo	What have you received at no charge as a result of your Woo?