

STRENGTHSQUEST

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What Are Strengths?

Talent + Knowledge + Skills = Strength

- Talent is:
- Knowledge is:
- Skills are:

How do You Discover Your Strengths?

Clifton StrengthsFinder

- The Gallup Organization studied top achievers for 30 years
- Identified more than 400 themes of talent
- 34 most prevalent themes are measured by StrengthsFinder

Knowing Your Strengths

- Generates Optimism
- Provides a Sense of Direction
- Generates Confidence

The 34 Strengths

Notes: